



Feel Better Lounge
RVA

Feel Better Weight Loss Programs

Weight loss is complicated. What we know is that one-size-fits-all programs are not effective for everyone. Different approaches work for different people. The one common thread of success, however, is having support. We're here for you at *Feel Better RVA*. Our Wellness Team members will take the time to get to know you and your unique needs and devise a plan that fits your life and your budget, and that will set you up for the greatest chance of long-term weight loss success.

Our options below are a starting point. We're happy to come up with a plan that best suits your needs. *If you start with a lower-tier plan and would like to commit to a higher-tier plan at any time during the process, we will apply your payment to the balance of your upgraded plan!* Also, weight loss success is effectively achieved with a close friend or family member on the same path!

Ask about our buddy-up discount.

Set up your FREE Wellness meeting today and choose the right option for you!

Weekly Accountability Mentoring

\$49/week (\$190 value!)

Enjoy expert guidance, programming, and accountability coaching from our Wellness Coordinator. *A minimum of one month commitment is recommended to see results. 10% discount applied for monthly payments.* This option includes:

- ◇ One baseline **In-Body** weigh-in and review of results (if returning monthly)
- ◇ One **ReeVue** test to assess metabolism and caloric needs
- ◇ A review of current diet and movement behaviors and tailored recommendations
- ◇ Virtual support coupled with weigh-in meeting with a Wellness mentor

Welcome to Weight Loss Package

\$199 (a \$350 value!)

This package includes the following:

- ◇ Two **In-Body** weigh-ins and review (1 baseline and 1 follow-up after 2 weeks)
- ◇ One **ReeVue** metabolism test
- ◇ Two 2mL fat-burning **Lipotropic+** injections
- ◇ A review of current diet and movement behaviors and tailored recommendations



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2 Week Detox Program

\$499 (a \$730 value!)

This program provides the tool to detoxify the body, important for fat loss, and a jump start for your weight loss journey. It includes the following:

- ◇ **NutriClear Plus**, a 15-day Metabolic Cleanse Program with supplements and detoxifying shakes
- ◇ Two **InBody** weigh-ins and review (baseline and 1 two-week follow-up)
- ◇ One **ReeVue** metabolism test
- ◇ One 2mL **FeelBetter** injection
- ◇ One **Metaboost** Weight Loss IV treatment
- ◇ A review of current diet and movement behaviors and tailored recommendations

4 Week Weight Loss Program

\$999 (\$1365 value)

This mid-level program is designed for those serious about committing to lifestyle change. Weight loss IM injections, lifestyle changes, and supplements work synergistically to burn fat and create new, more healthful habits. This program includes the following:

- ◇ One **ReeVue** test
- ◇ Baseline **InBody** weigh in and 2 additional weigh-ins
- ◇ Needs assessment with medical provider and weight loss medication evaluation
- ◇ Tailored exercise & meal planning guidance
- ◇ Weekly accountability mentoring w/ Wellness Mentor (virtual or in person)

Products Included:

- ◇ 2mL Fat-Burning **Lipotropic+** injection weekly
- ◇ 1mL **Vitamin B12** injection weekly
- ◇ One month supply each of **MetabolicRx**, **Amino Boost**, **Gut HealthRx** supplements

12 Week Weight Loss Program

\$2490 (20% discount if paid in full)

This program is designed for the long haul. Similar to the 4 week program, you will change your lifestyle and shift your body composition over the course of your 12-week journey. The addition of our IV combo will help you to relax and rejuvenate your hard-working body! This program includes the following:

- ◇ One **ReeVue** test
- ◇ Baseline **InBody** weigh-in and 5 bi-weekly weigh-ins
- ◇ Needs assessment with medical provider and weight loss medication evaluation
- ◇ Tailored exercise & meal planning guidance
- ◇ Weekly accountability coaching w/ Wellness Coordinator (virtual or in person)

Products Included

- ◇ 2mL Fat-Burning **Lipotropic+** injection weekly
- ◇ 1mL **Vitamin B12** injection weekly
- ◇ Three month supply each of **MetabolicRx**, **Amino Boost**, **Gut HealthRx** supplements
- ◇ Weekly **Stretch and Refresh Combo** IV treatment